



Better results

**Achieving Better Results
in Psychotherapy**

Presenter: Daryl Chow, MA, Ph.D.



Daryl Chow, ph.D., senior Associate i
The International Center for Clinical Excellence.

Current evidence suggests that we not only do not improve with experience (Chow et al. 2015; Wampold & Imel, 2015), our typical professional development efforts by attending workshops (Neimeyer & Taylor, 2010) and engaging in clinical supervision (Watkins, 2011) does not lead to better performance.

Gleaning for the field of expertise in other professional domains, the primary purpose of this workshop is to help practitioners use the principles of deliberate practice to improve their therapeutic effectiveness, and push their effectiveness to the next level.



Where
Online Workshop

2020

When
November 13th 2020
09.00-12.00
+
November 27th 2020
09.00-12.00

Price
DKK 1.500,- excl. VAT (25%).

Necessary requirements
You need to have a stable internet connection og be present with the camera on, since the quality and outcome for everyone is contingent upon social interaction during the workshop.

Contact
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Learning outcomes

1. Integrate the use of feedback informed treatment (FIT) approach into clinical practice to optimise service deliveries (Miller, Hubble, Chow, Seidel, 2015) and
2. Apply the four principles of deliberate practice to help you develop and sustain a lifelong individualised professional development plan (Chow, 2017; Miller, Hubble, Chow, 2020).

Key Benefits: Increase clinical effectiveness.

Audience

This training is specifically designed for mental health professionals working in agencies or private practice seeking practical, empirically-proven methods to enhance their therapeutic effectiveness including: social workers, family therapists, psychologists (generalised or endorsed), psychiatrists.

About the Trainer



Daryl Chow, MA, Ph.D. (Psych) is a practicing psychologist and trainer. He is a senior associate of the International Center for Clinical

Excellence (ICCE). He devotes his time to workshops, consultations and researches on the development of expertise and highly effective psychotherapists, helping practitioners to accelerate learning and improve client outcomes.

Based on his doctoral research on the role of deliberate practice in cultivating superior performance in psychotherapy, Daryl and colleagues' 2015 peer-reviewed article was nominated the "Most Valuable Paper" by the American Psychological Association (APA). His work is featured in two chapters of two edited books in 2017, *Cycle of Excellence: Using Deliberate Practice to Improve Supervision and Training*, and *Feedback-Informed Treatment in Clinical Practice: Reaching for Excellence*. He is the author of several articles, a contributor to edited books, and the co-editor of

The Write to Recovery: Personal Stories & Lessons about Recovery from Mental Health Concerns. His latest book,

The First Kiss: Undoing the Intake Model and Igniting First Sessions in Psychotherapy is described as "The Book I've wanted every therapist to read for years," by Dr. Julie Tilsen, and "(An) engaging book ... shows us what we have been doing wrong and more importantly, what we should be doing differently," by Dr. Bruce Wampold.

Daryl's blog, *Frontiers of Psychotherapist Development* (darylchow.com/frontiers) is aimed at inspiring and sustaining practitioner's individualised professional development. See Daryl's keynote in Sweden: <https://youtu.be/vxmP03gAfps>

Together with Scott Miller and Mark Hubble, Daryl is a co-author of a highly anticipated book, [Better Results: Using Deliberate Practice to Improve Therapeutic Effectiveness](#) (APA, 2020).

Currently, Daryl maintains a private practice with a vibrant team at Henry Street Centre, Fremantle (Australia), and continues to serve as a senior psychologist at the Institute of Mental Health, Singapore. In a previous life, he was a youth worker. He lives in Western Australia with his wife and two kids. He continues to obsess about the craft of psychotherapy and music.

For more information, visit darylchow.com

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first come
first served
principle...

Registration

[vinthermosgaard.dk/kursus/
better-results-2020](http://vinthermosgaard.dk/kursus/better-results-2020)

Registration through our webpage.

Select number of participants and fill in the requested information. The registration system is in Danish. If help for registration is needed please contact Bruno at: bv@vinthermosgaard.dk